

## Would you like to fight hunger in your area?

**By organizing a food and toiletry collection in your establishment, you will help us provide vital goods *to people in need*.**

**The project can be carried out in:**

- school classrooms, association or companies.

**How can you participate?** Contact us by e-mail in order to plan a collection drive. This must be planned at least one month in advance, we will define a date to come and pick up the collected food items and toiletries.

**Type of products to collect:** Basic food staples are UHT milk, canned or tinned foods (mainly vegetables, fruit, ravioli, tuna, etc.), oil, vinegar, coffee, tea, powdered soups, pasta, rice, flour, sugar, cocoa, muesli, laundry detergent and personal hygiene products.

**Criteria:**

- Long lasting items or products or which have far off expiration dates
- One to two volunteers must commit to check product expiration dates and arrange them by product type in boxes
- The company, school classroom or association will, whenever possible, provide the boxes.

For companies with more than 50 employees, the Fédération Vaudoise des Cartons du Cœur will gladly provide its presentation material (flyers, display stand, box for cash donations).

Various actions are possible with the Fédération Vaudoise des Cartons du Cœur. Each school classroom, company or association is free as well to propose to us any social project that are close to their heart.

While helping us achieve our social mission, companies also promote and strengthen their participants' professional and personal competencies. These useful partnerships with our association helps to build bridges between the private sector and volunteering, and will allow us to spread our message of solidarity and assistance more widely.

Contact us and to discuss the following steps, either by e-mail ([info@cartons-du-coeur.org](mailto:info@cartons-du-coeur.org)) or by phone at 078 717 35 25.